

# Sailing Into the Wind



Adjust Your Sails and Use  
Adversity to Move Forward







Photo from Amazon

# World View



philosophy of life  
or conception of  
the world from a  
specific standpoint

# DIS-Connected World View



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**Self-Protection**  
Controlling or avoiding will keep me safe.

**Actions**

**Performance**  
I need to have it all together.  
I earn my value.

**Judgment**  
Finding a villain relieves me of blame.

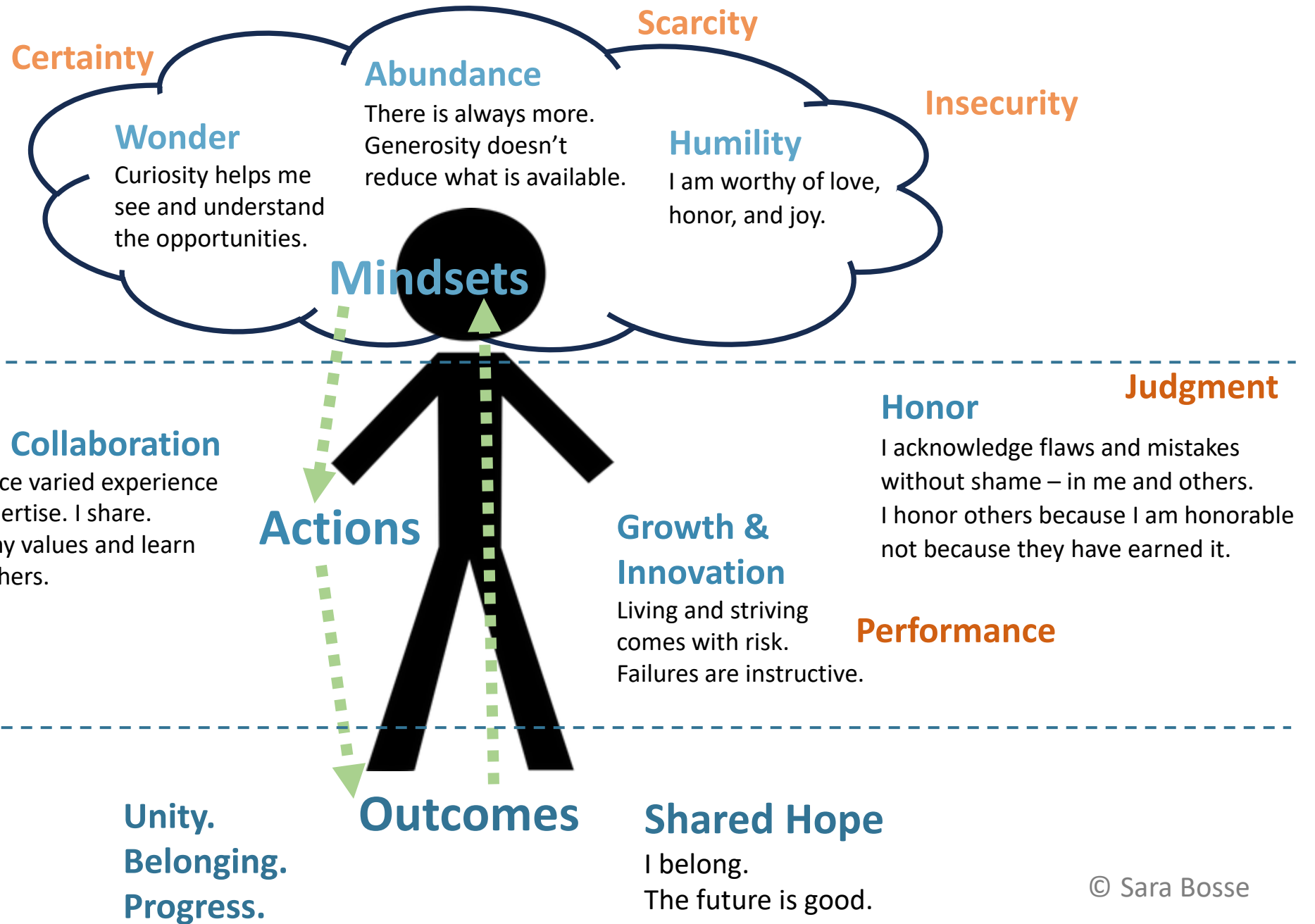
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**Division.**  
**Isolation.**  
**Stagnation.**

**Outcomes**

**Private Despair**  
I am alone.  
The future is scary.

# Connected World View



# DIS-Connected World View

# Connected World View

Scarcity

Certainty

Insecurity

Self-Protection

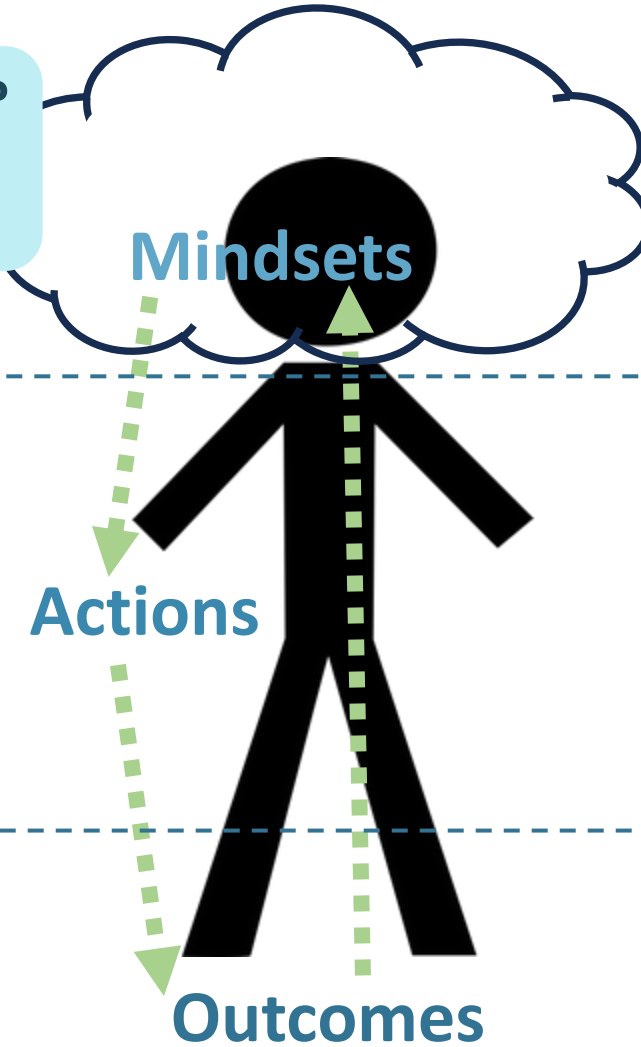
Performance

Judgment

Private  
Despair

Division.  
Isolation.  
Stagnation.

FRUSTRATED?  
FEARFUL?  
FIXATED?



Mindsets

Actions

Outcomes

Abundance

Wonder

Humility

Open Collaboration

Growth & Innovation

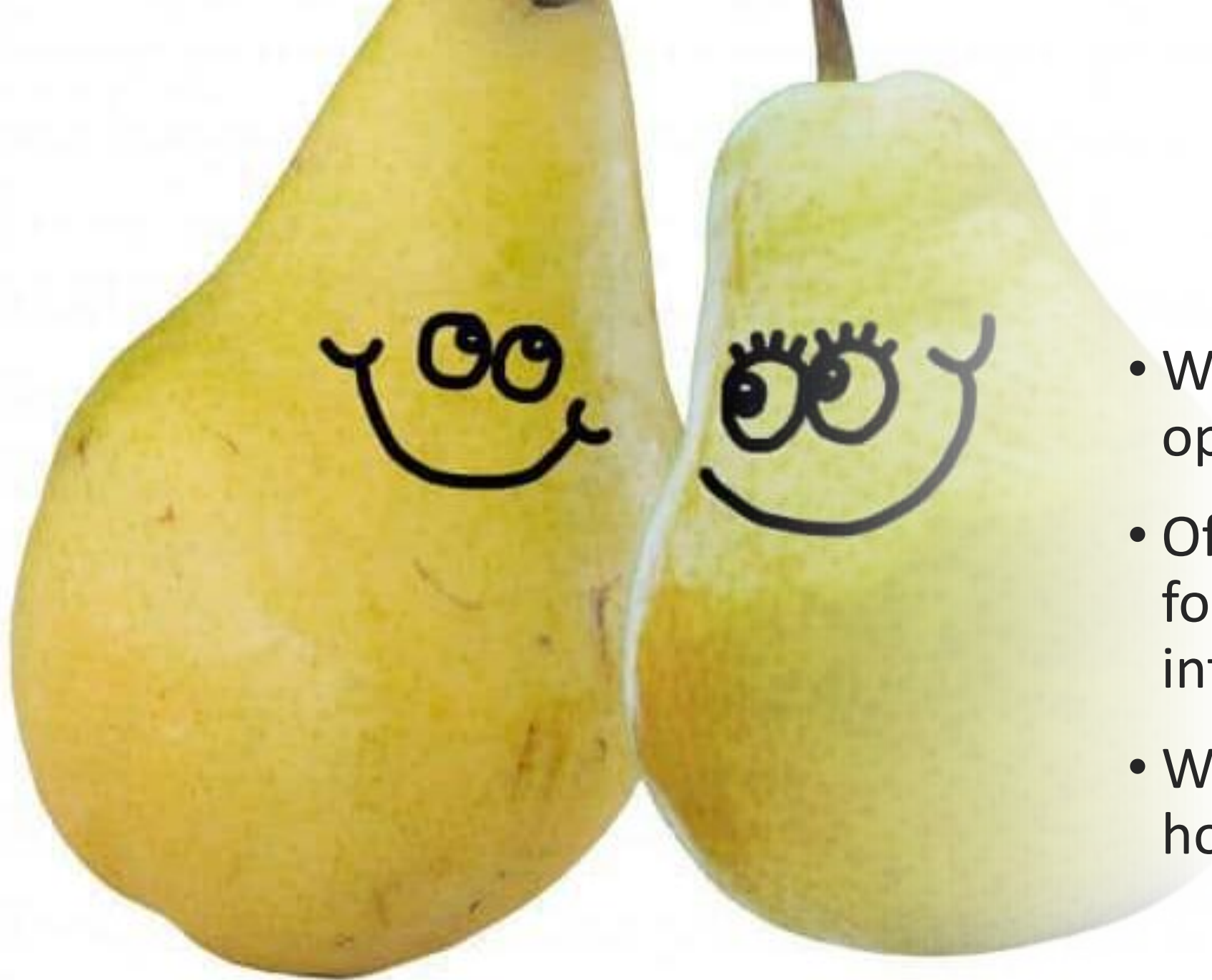
Honor

Unity.  
Belonging.  
Progress.

Shared  
Hope

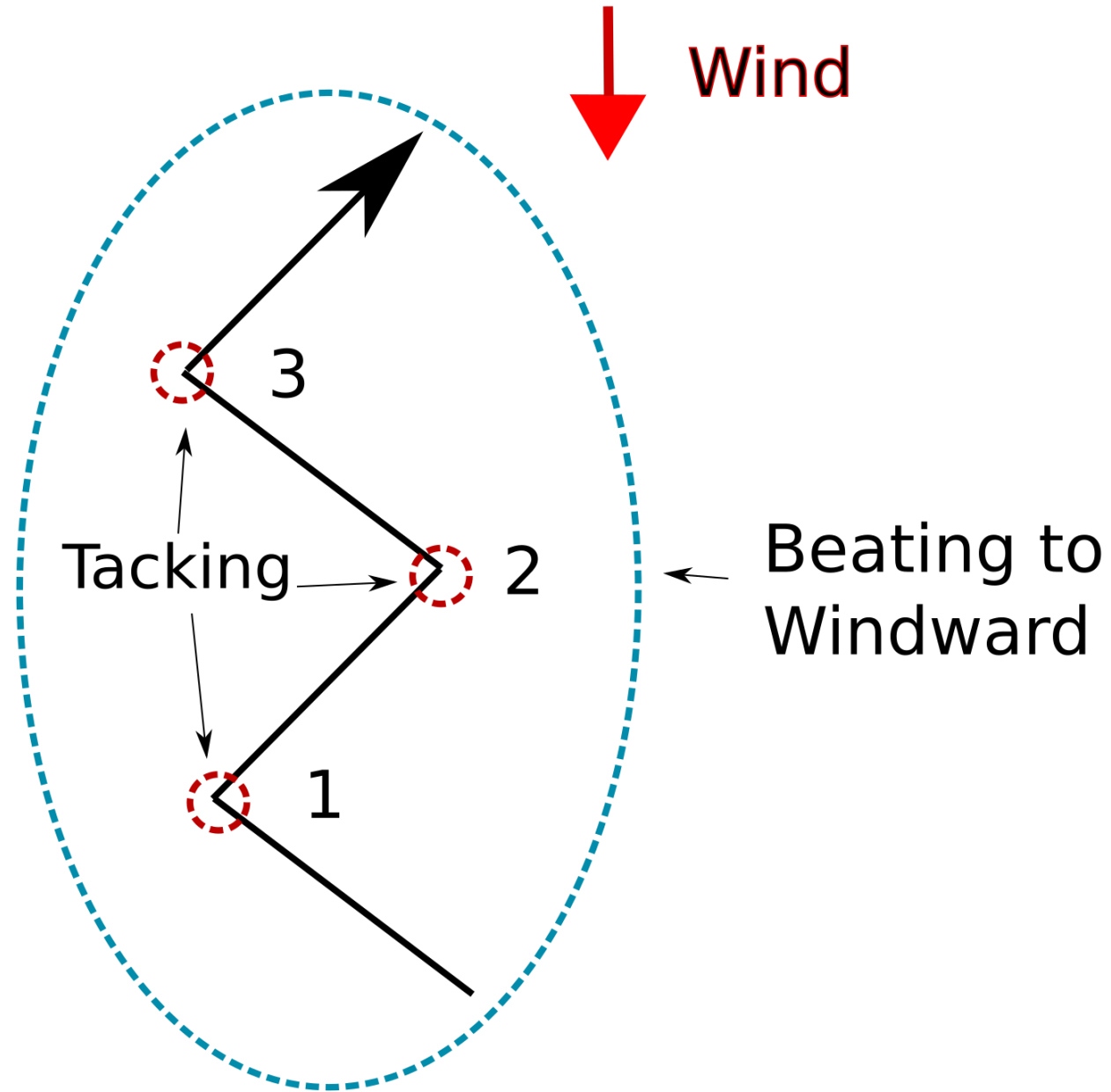
# oppositional forces





- What/who are the oppositional forces?
- Of those oppositional forces, which can you influence?
- What power do they hold in your work?

# Adjusting your Sails



# DIS-Connected World View

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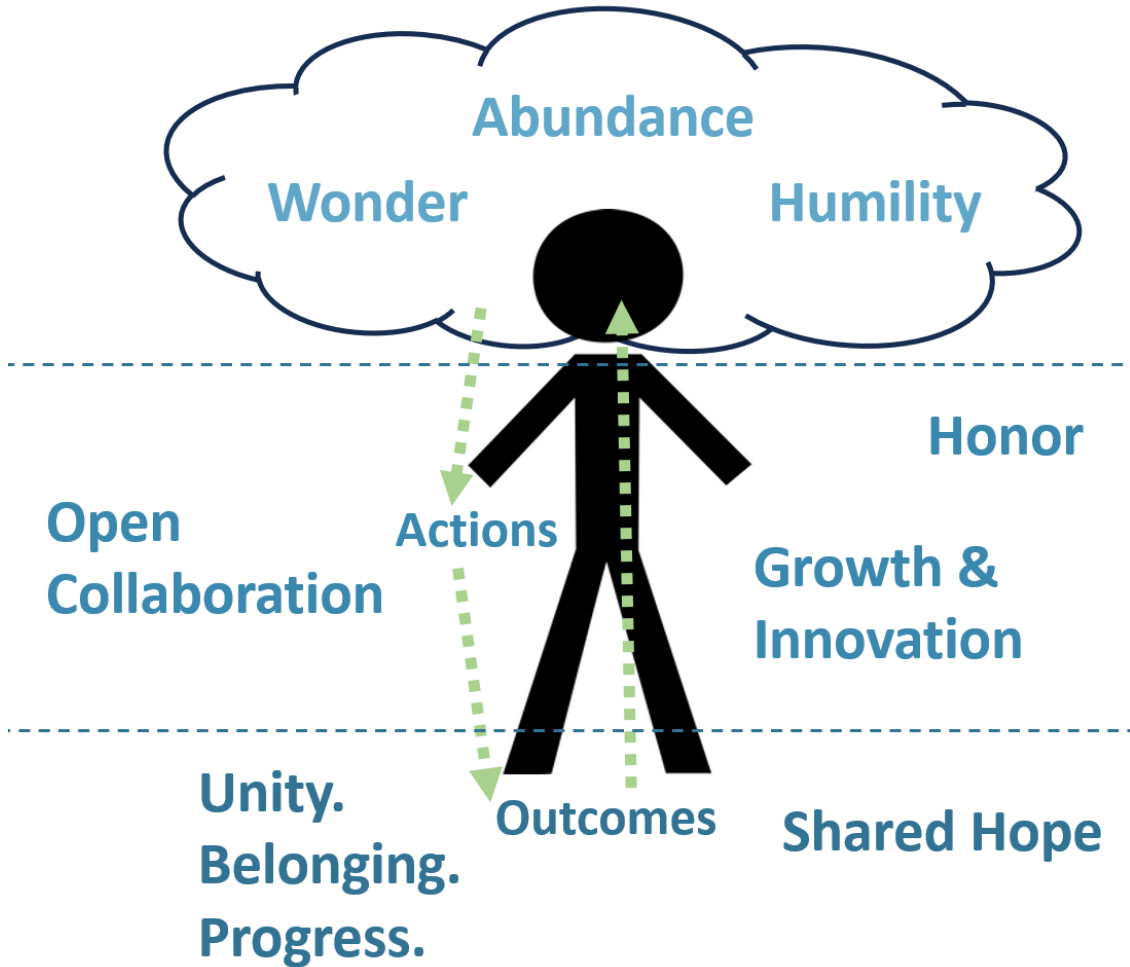
Shared  
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# Adjusting your Sails



- Wonder: What could that power do to positively impact the public health of your community? For the health of your County and department?
- Abundance: What is important to the people who are oppositional forces?

# Honoring the Wind



- Wonder: What if I refused to see them as a villain? What could change?
- Humility: What do I really want?
- Wonder: How might I pull them in?
- Abundance: What is the potential of tacking?
- Abundance: What is one tangible first step?
- Humility: What is preventing me from taking the first step?



# CULTURE OF HONOR VALUES

- ▶ **INTEGRITY:** We are trustworthy. Our words and actions demonstrate our values.
- ▶ **SERVICE:** We serve with humility and excellence. We prioritize the common good over self-interest.
- ▶ **INNOVATION:** We welcome creativity and growth. We take appropriate risks to make change.
- ▶ **EQUITY:** We actively seek to understand and reduce barriers to optimal health for all.
- ▶ **COLLABORATION:** We work together with internal and external stakeholders to improve community well-being.

# Equity

We actively seek to understand and reduce barriers to optimal health for all.

- I treat every person with honor, dignity, and empathy and including myself.
- I consider the impacts of the social determinants of health in the community and proactively identify inequities.
- I work to establish equitable services, policies, and outcomes.



# Opportunity

We actively seek to understand and reduce barriers to optimal health for all.

- I treat every person with honor, dignity, and empathy, including myself.

I understand the drivers of health and proactively identify disparities. ~~I consider the impacts of the social determinants of health in the community and proactively identify inequities.~~

I work to establish equitable accessible services, fair policies, and positive outcomes for all.



# Opportunity

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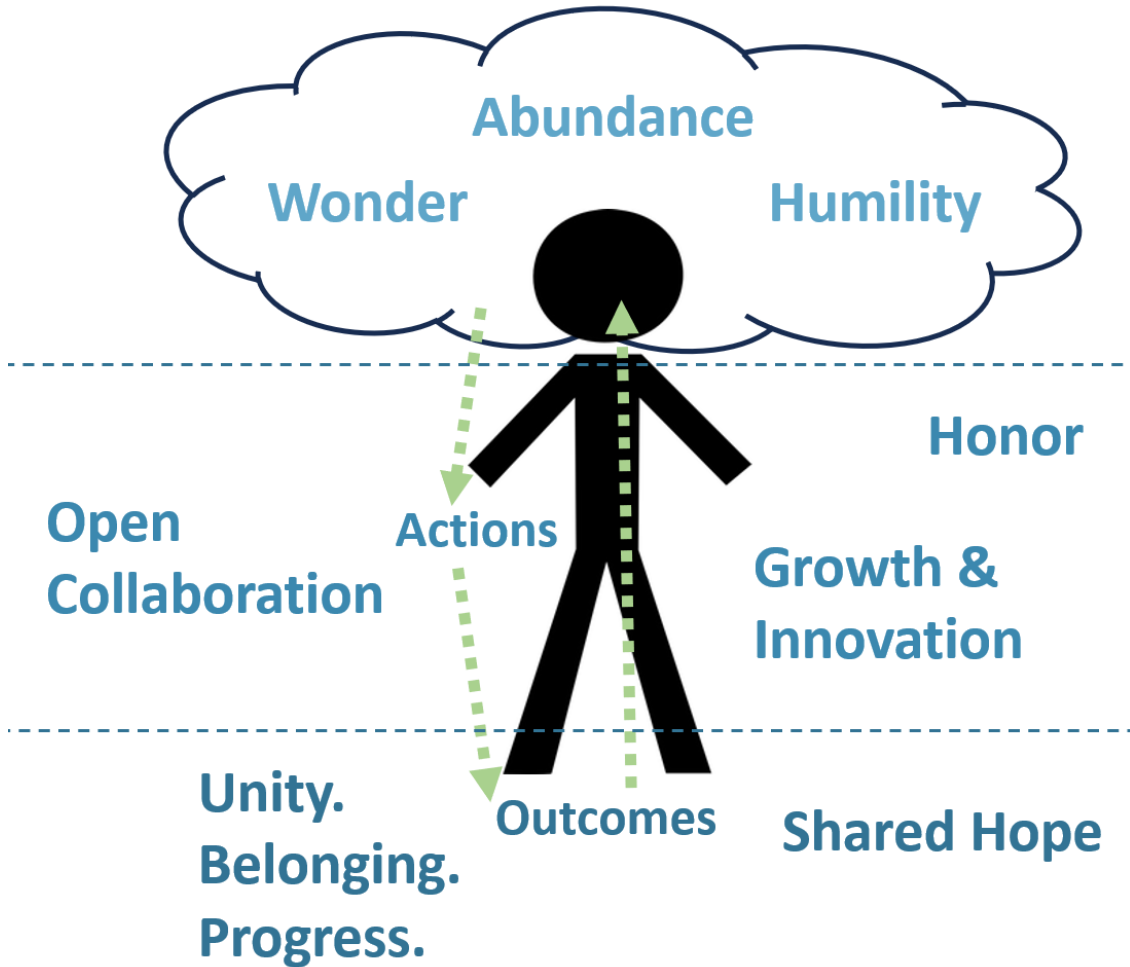
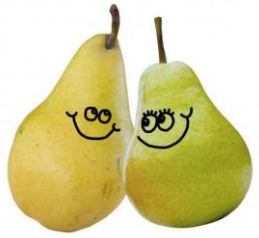
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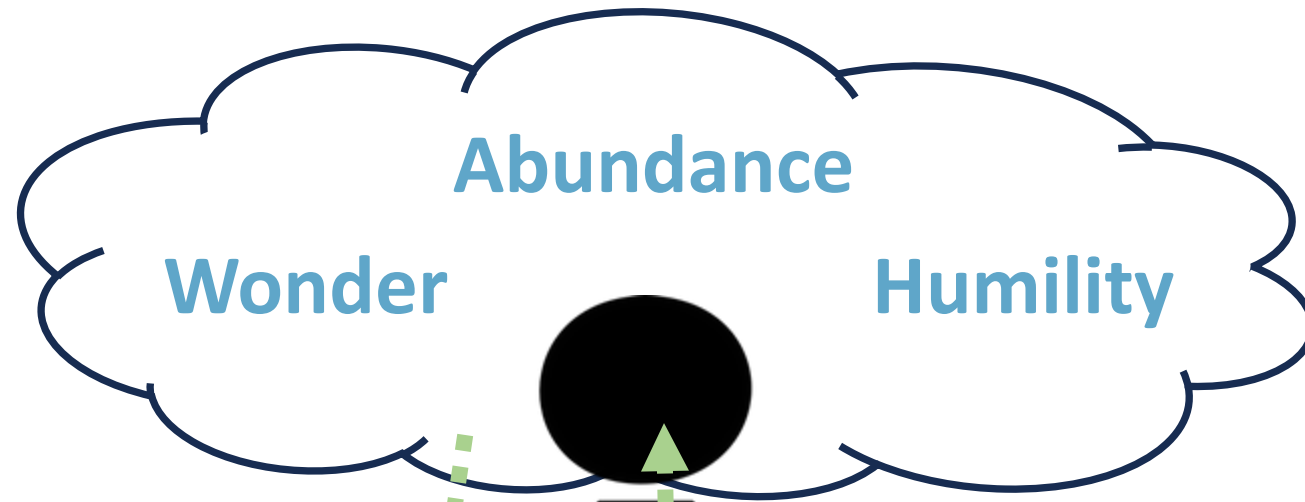
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- ▶ **OPPORTUNITY:** We actively seek to understand and reduce barriers to optimal health for all.
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# Honoring the Wind



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Wonder

Abundance

Humility



Open  
Collaboration

Actions

Honor

Growth &  
Innovation



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Belonging.  
Progress.

Outcomes

Shared Hope

# Questions?



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