



2025 CHEAC Annual Meeting Workshop Session Biographies

Bridging the Gap: Aligning CHA/CHIP and PHAB Pathways Recognition to Advance Rural Health Equity

Sofia Becerra, Health Program Specialist

Sofia Becerra is a Health Program Specialist at Colusa County Public Health, where she has been employed since February 2024. Her primary roles include overseeing the Community Health Assessment/Community Health Improvement Plan (CHA/CHIP), serving as the Public Health Accreditation Board (PHAB) Accreditation Coordinator, and writing grants. Before working in public health, Sofia received a Bachelor of Arts in Psychology from Sonoma State University in 2019. She went on to spend four years working in direct care roles providing mental and behavioral health counseling and case management in a variety of settings, such as group homes, foster homes, and community-based settings. In 2023, she graduated from the University of California, Irvine with a Master of Arts in Legal & Forensic Psychology.

Abigale Henderson, Deputy Director

Abigale Henderson is the Deputy Director of Colusa County Health & Human Services, and she has held this role since December 2021. She is a dedicated and visionary leader with over 25 years of progressive experience ensuring the effective deployment of health services to diverse communities in Tehama County, Butte County, and various communities in Alaska. Her notable career spans several managerial roles in social services, disaster case management, health program management, child welfare, law enforcement, and more. Abigale holds a Bachelor of Public Administration in Criminal Justice from California State University, Chico, as well as a Master of Management in Organizational Leadership from the University of Phoenix.

Kaela Beckley, Nursing Supervisor

Kaela Beckley is the Nursing Supervisor at Colusa County Public Health, where she has worked since February 2025. Her career in healthcare began in 2012 when she became a Registered Nurse at Colusa Medical Center. After 3 ½ years of working in labor & delivery, Kaela transitioned to a Registered Nurse role at UC Davis Medical Center in 2015, where she worked in the neonatal intensive care unit until she transitioned to Colusa County Public Health earlier this year. Kaela received her associate's degree in Registered Nursing from MiraCosta College, and eventually transferred to Sacramento State University, where she obtained a Bachelor of Science degree in Registered Nursing. Her nearly 13 years of experience providing direct patient care is proving to be invaluable in her current efforts to increase and improve community healthcare access in Colusa County.

Mariza Manson, Interim Health Program Specialist Supervisor

Mariza Manson is the interim Health Program Specialist Supervisor at Colusa County Public Health. Mariza started her career with Colusa County as a case manager at the Department of Behavioral Health in 2023. Later that year, she was offered a position as a Health Program Specialist at Colusa County Public Health under the Department of Health & Human Services. Since then, Mariza has

served as the project director of the Tobacco Education Program and continues maintaining these responsibilities in her new role as a supervisor, while also interning in Colusa County Public Health's Maternal, Child, & Adolescent Health Program and California Home Visiting Program. While working towards her Bachelor of Science degree in Health Sciences from Boise State University, she spent her first two years working as a Certified Nursing Assistant and her latter two years as a Phlebotomist at Rideout Memorial Hospital. Mariza is currently on track to graduate from the University of Nevada, Reno with her Master of Public Health degree in Spring 2026.