



OFFICE OF THE  
**CALIFORNIA  
SURGEON GENERAL**

## **SURGEON GENERAL UPDATE**

Your newsletter for the latest communications tools, resources, and event highlights from the Office of the California Surgeon General.



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# Safe Spaces launches **July 12**

It's almost here! [Safe Spaces: Foundations of Trauma-Informed Practice for Educational and Care Settings](#) launches in three weeks!

This online learning opportunity is designed to help people who work with or care for children and youth incorporate trauma-informed practices into their work. The training is self-paced and consists of three modules, two hours each, focusing on three age groups including 0-5, 5-11 and 12-18. It will be offered in both English and Spanish.

Don't miss our July newsletter for more details on our Safe Spaces launch activities and how you can help us promote this training.

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## CELEBRATING PRIDE MONTH



Happy Pride! Join the Office of the California Surgeon General in honoring the LGBTQ+ community and their contributions to our great state.

Lesbian, Gay, Bisexual, Transgender and Queer Pride Month is celebrated each June to honor the 1969 Stonewall Uprising and celebrate the LGBTQ+ community.

Learn the history behind the Stonewall Uprising and share our message on social media.

[SHARE OUR MESSAGE](#)

[ACCESS LGBTQ+ HEALTH RESOURCES](#)

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## OFFICE OF THE CALIFORNIA SURGEON GENERAL ON THE ROAD

It's been a busy Spring for the Office of the California Surgeon General!

In May, Dr. Ramos participated in 11 speaking events throughout the state, rounding out the month as the keynote speaker at the [Perinatal Advisory Council: Leadership, Advocacy and Consultation \(PAC/LAC\)](#) annual Quality of Life for Families conference in Glendale, where she reunited with some of her colleagues from the Los Angeles County Department of Public Health and Ventura County Public Health Department.

Earlier this month, our team gathered in Sacramento over several days for our ACEs and toxic stress public awareness campaign kick-off meeting with campaign contractor [Civilian](#), and attended [First 5's Stronger Starts](#) campaign launch event at the Sacramento Zoo, joining the First Partner and former California Surgeon General, Dr. Nadine Burke Harris.

Last week, our Director of Communications, Julie Rooney, hit the speaking circuit to promote the office's upcoming Safe Spaces trauma-informed training for early care providers and educators. Big thanks to WestEd's Jenny Betz for co-presenting with Julie at the [Community Schools Empower Summit](#) in San Francisco.



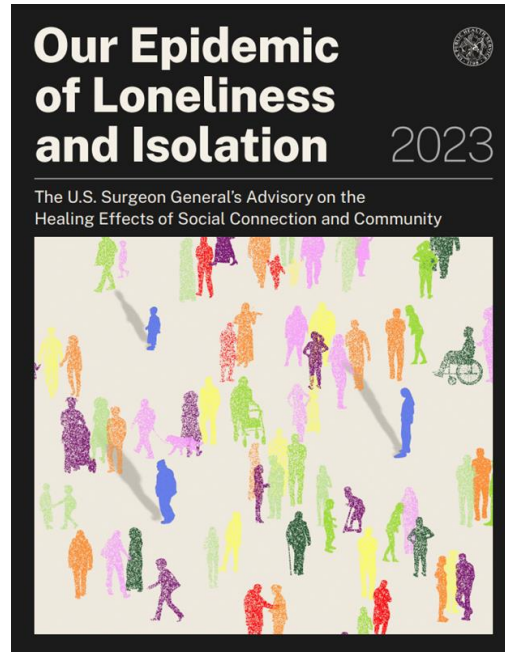
# WEBINARS, REPORTS AND MORE

## U.S. Surgeon General Advisory: The Healing Effects of Social Connection

On May 2, [U.S. Surgeon General](#) Dr. Vivek Murthy released an Advisory and National Strategy highlighting the growing number of individuals in the U.S. that are experiencing loneliness, isolation, and disconnection.

The advisory emphasizes that social connection and community play a critical role in the health of individuals, communities and societies.

The Surgeon General lays out a national strategy to advance social connection, a six pillar framework with detailed recommendations for individuals, health systems, governments, workplaces, schools and education departments, and other stakeholders.



[READ THE ADVISORY](#)

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## Opportunity: All Children Thrive Equity Advisory Group Application Deadline: June 23, 2023

[All Children Thrive \(ACT\)](#) is seeking new applicants to join their Equity Advisory Group. Members are required to attend quarterly in-person meetings that include state and local experts in trauma and equity-informed policy and systems change. The first Advisory Group Cohort will convene in the Fall of 2023.

The first ACT podcast is now live! Listen to a mother-daughter duo discuss their unique experiences in working together with ACT to transform their communities.

[APPLY NOW](#)

[LISTEN TO THE PODCAST](#)

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## **Article: Addressing Adverse Childhood and Adult Experiences During Prenatal Care**

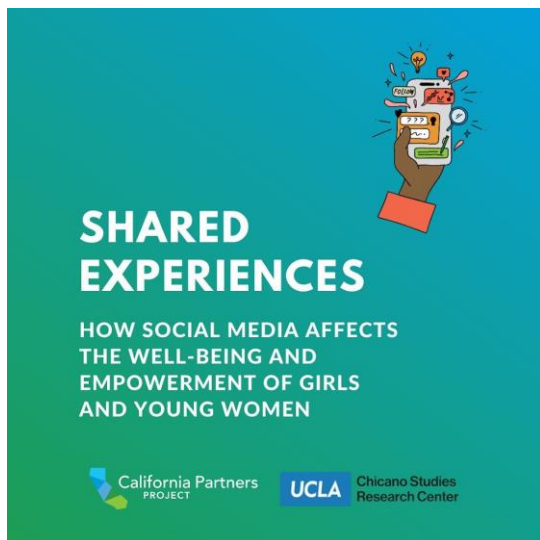
Sara Johnson, an ACEs Aware Clinical Adviser, is the lead author of a new a paper in *Obstetrics & Gynecology* titled "Addressing Adverse Childhood and Adult Experiences During Prenatal Care."

The article discusses how screening for adversity and resilience provides obstetric clinicians the opportunity to support their patients and improve outcomes, drawing on expert input and the available evidence to provide recommendations for implementation.

[READ THE ARTICLE](#)

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## **Report: First Partner's California Partners Project Report on Youth Mental Health and Social Media**



California First Partner Jennifer Siebel Newsom and the [California Partners Project \(CPP\)](#) unveiled a new report highlighting the correlation between social media use and youth mental health.

The report, available in English and Spanish, synthesizes the latest data with researchers from UCLA, highlights youth voices, and includes recommendations to minimize the negative impact of social media and channel its use for potential good.

[READ THE REPORT](#)

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**Scholarship Opportunity: Two New Behavioral Health Scholarships from the California Department of Health Care Access and Information**  
**Application Deadline: August 15, 2023**

The [Golden State Social Opportunities Program](#) aims to increase the number of licensed behavioral health professionals providing direct patient care in California.

The program offers scholarships of up to \$50k to pursue a career as a:

- Licensed Clinical Social Worker
- Licensed Marriage and Family Therapist
- Licensed Professional Clinical Counselor
- Licensed Clinical Psychologist

This scholarship gives priority to those who have experienced foster care and/or homelessness, as well as Community-Based Organization employees.

[LEARN MORE](#)

The [Behavioral Health Scholarship Program](#) aims to increase the number of appropriately trained allied and advanced behavioral health professionals providing direct patient care in California.

The scholarship supports a wide range of eligible educational programs, including counseling, social work, psychology, therapists, and more.

[LEARN MORE](#)

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**Webinar: Healthy People 2030 Webinar Series: Strengthening Resilience in Children and Adolescents**  
**Wednesday, June 28 10:00am - 11:00am P.T.**

The [Office of Disease Prevention and Health Promotion](#) (ODPHP) announced its next webinar: Healthy People 2030 Webinar Series: Strengthening Resilience in Children and Adolescents.

During this one-hour event, ODPHP and CDC's National Center for Health Statistics will present on the webinar's three featured objectives, and Healthy People 2030 Champion, Adaptive Sports Ohio, will present on their efforts to increase participation in sports teams for children and adolescents with physical disabilities.

[REGISTER NOW](#)

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## FROM OUR PARTNERS

**Webinar: ACEs Aware "Implementation with Intention" Webinar #6: Marin Community Clinics Case Study**  
Thursday, June 22, 2023 12:00pm - 1:00pm P.T.



In the next webinar brought to you by [ACEs Aware](#), members of the [Marin Community Clinics \(MCC\)](#) team will share their experience implementing ACEs screening and response in a Federally Qualified Health Center in the Bay Area. MCC, a pioneer in California since starting this work back in 2017, is featured as a case study in the ACEs Aware Implementation How-to Guide and highlighted in [previous "Implementation with Intention" webinars](#).

[REGISTER NOW](#)

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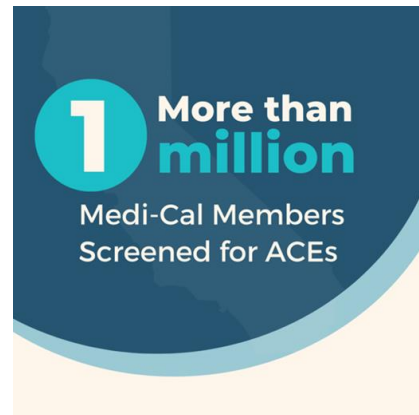
**New: UCAAN Progress Report Highlights**

## May 2023

The ACEs Aware initiative released a [new quarterly data report](#) detailing the number of ACE screenings conducted for Medi-Cal members and the number of individuals who have completed the [“Becoming ACEs Aware in California”](#) online training.

Between January 1, 2020, and June 30, 2022, Medi-Cal clinicians conducted more than **1,544,250** ACE screenings of **1,113,590** unique Medi-Cal members.

Since the launch of the ACEs Aware Initiative in December 2019, more than **29,160** individuals have completed the ACEs Aware training, including approximately **13,150 Medi-Cal** clinicians in California who are ACEs Aware-certified.



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## New: First 5 California Launches Stronger Starts Campaign



On June 1, First 5 California announced the launch of the [Stronger Starts campaign](#) to raise awareness among California parents and caregivers about toxic stress response in children ages 0-5 due to the impact of Adverse Childhood Experiences, also known as ACEs. The campaign helps parents and caregivers learn about what toxic stress is; the physical, mental and emotional effects on children; and how ACEs can lead to the development of toxic stress. To learn more about the Stronger Starts campaign or access resources to navigate children’s emotions after a traumatic event, visit [First5California.com](https://www.first5california.com).

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Office of the California Surgeon General | 1215 O Street, MS-08, Sacramento, CA 95814

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