

## **EDUCATION**

California State University,
 Sacramento - Bachelor of Arts,
 Germanic Languages, Literatures,
 and Linguistics; International
 Business Minor

### PAST CLIENTS

- California State Teachers' Retirement System
- California Department of Social Services
- California State University Sacramento, Division of Child Support Services
- Business Advantage Consulting
- California Department of Public Health
- Blue Shield of California
- California Public Employees' Retirement System
- California Secretary of State
- SAP America
- California Department of Transportation
- California State Lands Commission
- California Department of Corrections and Rehabilitation

# Continuing and Professional Education

## BIO:

Over twenty years' experience and a passion for leading business transformation initiatives through leadership development, facilitation, learning solutions, communications, organizational alignment, strategic planning, transition readiness, and deployment.

Has provided organizational change management (OCM), project management and coaching services to public, private and non-profit organizations to prepare employees for business, technical and cultural changes and develop a structure for permanent OCM organizations.

Over fifteen years working with executives to develop their leadership and communication skills to support numerous concurrent organizational and strategic efforts.

Over twenty years facilitating instructional courses on communication, leadership development, presentation skills, strategic planning, conflict, decision making, team building, coaching, project management and organizational change management.

Certified Project Management Professional (PMP), Prosci® certified Change Management Practitioner, LPI® Trained Coach, Gallup-Certified Strengths Coach, Stewart-Certified LEAD NOW! Coach/Consultant.

# HOBBIES

Spending time with my daughter, volunteering, reading, overcoming my fear of open-water swimming, and getting outdoors as much as possible.