



BECKY GARROW, MPH

INSTRUCTOR

EDUCATION

- San Diego State University – Master’s Degree in Public Health
- University of California, Davis - Bachelor’s Degree in Sociology
- Allan Hancock Community College

PAST CLIENTS

- the California Department of Public Health,
- Nutrition Education and Obesity Prevention Branch,
- Veritable/Good Environmental Justice Consulting,
- Facente Consulting,
- CityServe Network.
- Previously, Ms. Garrow managed the Survey Research Group at the Public Health Institute. Served in research scientist and project coordinator roles at the California Rural Indian Health Board, California Tribal Epidemiology Center, and San Diego State University Research Foundation.

UCDAVIS

Continuing and Professional Education

BIO :

Becky Garrow, MPH, is the principal of a firm based in Sacramento, California, specializing in research, evaluation, project coordination, surveys, data collection, and public health consulting, helping nonprofits, government agencies, and other organizations identify and achieve their project goals and objectives, create and execute evaluation plans and research protocols, and build staff capacity with custom trainings and technical assistance.

Garrow Consulting, LLC is certified as a Women Owned Small Business, a California Small Business, and is an Approved CMAS Contractor.

Becky Garrow has worked with clients across the United States and Canada and provided trainings to international audiences. She is adjunct faculty for the Allied Health Department at Sacramento City College, where she teaches Social Determinants of Health for the Community Health Worker certificate program.

Current clients include the California Consortium on Urban Indian Health, Public Health Institute, National Association of Chronic Disease Directors, Center for Healthy Children and Communities, Hospitality House of Grass Valley, Shores of Hope, and the National Opinion Research Center (NORC) at the University of Chicago.

HOBBIES

Ms. Garrow’s interests include biking, hiking, trying exciting foods and beverages, exploring national parks, chickens, CrossFit, and book clubs. When she’s not helping clients achieve their training and capacity building goals, Becky also runs a bicycle tour business in Sacramento, California.