



**“WHAT IF THE OUTCOME
IS THE EXPERIENCE?”**

**FACILITATOR: MERIDITH MERCHANT, PHD
BIRTHING HOSPITAL: CEDARS-SINAI**



One Family's Story

What if the outcome is the experience?



Photo credit and reflection: Meridith Merchant, PhD

"What a magical time!"



One Family's Story

"What if the outcome is the experience?"

"I sang to my baby. She was born in my fecal matter at 27 weeks. They were looking at me like I was crazy!"

"Has anyone told you that your baby is funny looking?"

"Facial expressions undermined my resilience in times of stress."

"Your breast milk is not good enough!"

"Supplementing my breast milk was connected to my baby's difficulty eliminating and gaining weight."

"Tried to rush us...to give her a name which was disrespectful."

One Family's Story

"What if the outcome is the experience?"



11/5/2008

8/14/2019

